



*"Each week my daughter is excited to go to dance class and loves her teacher!!"*

*Lisette D.  
Danceexpress parent*

Danceexpress of Narberth provides a positive atmosphere for children and adults, offering a training ground where beginner thru pre-professional students can nurture their talents.

Danceexpress features two spacious studios with dressing areas. Classes start in September and run thru May. In the Fall and Spring, students also have an opportunity to perform in "Showstoppers" at nursing homes and local events.

Students also participate in dance workshops, competitions, and showcases. At the end of May, there is a recital at the Haverford School.

Our goal is to provide the perfect class that suits the student's dance needs, whether your child is looking to pursue a professional dance career or taking dance for fun, Danceexpress is the place for you! Our teachers will bring out the best in each dancer. Some of our dancers have gone on to train at prestigious dance programs in college or to dance professionally.



*"A fabulous, fun place to learn to dance and make many new friends! All three of my girls have spent many fun hours here at Danceexpress!"*

*-Jen W.*



313 Iona Avenue  
Narberth, PA 19072  
610-668-4645



*Baby Dance  
Creative Movement  
Ballet  
Tap  
Jazz  
Hip Hop  
Modern  
Pointe  
Adult Yoga*

610-668-4645  
www.mydanceexpress.com



### Baby Dance

This class is designed for children of the age of 2 by December. Children and caregivers/moms learn the basics of all dances in this 45 minute session.

### Creative Movement

This class is very popular with ages 3 thru 5. Classes are divided by age group. Each class is one hour consisting of a 1/2 hour of tap and a 1/2 hour of ballet. Students have fun developing creativity, memory, strength, and coordination while also learning basic dance technique. The classes are stress-free and fun for everyone.



### Ballet

Barre, centre, across the floor, and performing are incorporated to foster proper technique and placement in Vaganova methods. Pointe work in advanced levels.

### Tap

All tap classes include a strong technique base and warm up. Learn rhythms, time steps, pullbacks, tempo, musicality, style combinations, variations, and improvisation. Students learn to work in a wide range of choreographic tap styles.



### Jazz

A thorough warmup concentrating on technique, placement, and stretching. Followed by across the floor and centre work. Varied combinations in hip hop, Broadway, lyrical, funk and contemporary style.

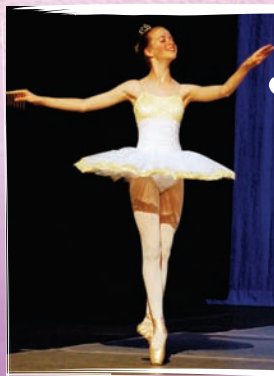
### Hip Hop

Learn the newest and coolest moves inspired by today's culture. A fusion of hip hop, street jazz, funk and house.



### Modern

Warmup, floor work and combinations that emphasize natural rhythms of dance. A lyrical and athletic movement style.



### Pointe

The pointe class is considered a transition between intermediate and advanced levels of curriculum. A student is considered ready when an appropriate level of strength and technique is achieved.

### Adult Yoga

Focuses on building your inner healing process by heating up the body from the inside out. The poses are all based in traditional hatha yoga and follow a sequence that is supportive and nurturing to the body.

# Celebrate with a DanceXpress Dance Party!

Give your child an awesome birthday party at DanceXpress! Reserve both of our spacious studios for up to one-and-a-half hours of dancing for only \$150.00. DanceXpress birthday parties are for ages 3 and up.



Call to book your party today!  
610-668-4645



## REGISTRATION FORM

Registration Fee:

\$15 New Students

\$10 Returning Students

Student Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Parents Names \_\_\_\_\_

Email Address \_\_\_\_\_

1. Class Requested \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_

2. Class Requested \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_

3. Class Requested \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_

4. Class Requested \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Please enclose registration fee and first months tuition to ensure preferred class selection.

Please return form and payment to:  
DanceXpress Dance Studio  
313 Iona Avenue  
Narberth, PA 19072  
610-668-4645